

FALL & WINTER
2015 - 2016

Community Awareness

Your Guide to Leisure Activities in
Niagara-on-the-Lake




Niagara-on-the-Lake
EST. 1781
www.notl.org



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COMMUNITY AWARENESS

Fall & Winter 2015

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A Message from the Lord Mayor



On behalf of Town Council and staff, I am pleased to present the 2015/2016 Fall & Winter Community Awareness Guide.

Our Town has so many wonderful activities and programs for residents, and we hope you will take advantage of the services being offered. This year we introduced an on-line registration program for many of our youth and family recreational programs. Please visit the Town's website at www.notl.org to access this new registration system and for more information about our many activities.

To keep our community better informed, Town Council will host a second community update session this year on October 19 at the Community Centre. Further details will be provided closer to the meeting date.

Whether you have an interest in sports, leisure, arts and culture, or our rich heritage, this guide highlights the many programs and activities available for people of all ages. You will also find helpful contact information for local organizations, services, and religious groups and a listing of upcoming events.

Please take some time to review the guide and mark your calendar with dates for the great things happening this fall and winter in Niagara-on-the-Lake.

Pat Darte
Lord Mayor

TOWN COUNCIL 2014-2018

Pat Darte, Lord Mayor

COUNCILLORS

Maria Bau-Coote	Betty Disero	Jamie King	Paolo Miele
Jim Collard	Terry Flynn	Martin Mazza	John Wiens

Niagara-on-the-Lake Town Council welcomes your input. For contact information for Council members and scheduled public meetings, please call the Town Municipal Office at 905-468-3266 or visit www.notl.org.

TOWN'S WEBSITE

www.notl.org

Council agendas and minutes, the Town's newsletter, public notices, and other general information are available on the Town's website at www.notl.org.

For further information about recreation, sports, and arts and culture activities in Niagara-on-the-Lake, please visit the Recreation & Leisure section of the Town's website or call the Parks & Recreation office at 905-468-4261.

The Community Awareness Guide is published twice yearly. The next issue for the spring and summer months will be distributed in mid-February. If your group or organization is interested in submitting information for the Spring & Summer Guide, please contact the Parks & Recreation office at 905-468-4261 between January 1 and January 17, 2016.

Community Facilities

To reserve any of the community facilities contact the Parks & Recreation Office, by phone at 905-468-4261, by fax 905-468-4555, or email kulchar@notlong.com. Our office is open Monday to Friday, 8:30 AM to 12:00 Noon and 1:00 PM to 4:30 PM.

ARENAS

The Parks & Recreation Department operates both the Centennial Arena and the Meridian Credit Union Arena located in the Centennial Sports Park at 1565/1567 Four Mile Creek Road.

2015-2016 Ice Availability

Meridian Credit Union Arena is open from Tuesday September 8, 2015 through Saturday April 2, 2016
Centennial is open from Sunday September 13, 2015 through Saturday March 26, 2016

ADULT SHINNY HOCKEY

Beginning Tuesday September 8, 2015, Shiny Hockey will be available Monday through Friday from 12:00 noon to 1:00 PM. Cost \$5.00 per player or \$145.00 for a season pass (includes HST). Shiny will be played at the Meridian Credit Union Arena Tuesday to Friday during the first week (September 8 - 11) and as follows on a regular basis beginning Monday September 14: Monday, Wednesday and Thursday at Centennial Arena; Tuesday and Friday at Meridian Credit Union Arena.

No Ice Dec. 25, Dec. 28, Mar. 14, 15

PARENTS & PRESCHOOLERS SKATING

Five sessions per week beginning Monday, September 14, 2015 as follows:

- Monday, Wednesday & Friday 10:00 AM to 11:30 AM in the Centennial Arena;
 - Tuesday 1:30 PM to 3:00 PM in the Meridian Credit Union Arena
 - Thursday 1:30 PM to 3:00 PM in the Centennial Arena
- Admission for adults is \$1.00 and

\$0.50 for children. *This skating session is for laps only and no hockey sticks or figure skating is allowed.* Those wishing to practice figure skating can do so from 9:00 AM to 10:00 AM Monday, Wednesday and Friday and remain for lap skating.

No Ice Dec. 25, Dec. 28, Mar. 14, 15, Jan. 1

STICK & PUCK

Two sessions per week beginning Monday September 14, 2015 as follows:

- Monday 10:00 AM – 11:30 AM in the Meridian Credit Union Arena
- Thursday 10:00 AM – 11:30 AM in the Centennial Arena

No Ice Dec. 12, Mar. 14

Admission for adults is \$1.00 AND \$0.50 for children. This session is for children under 5 years of age.

PUBLIC SKATING

Begins Saturday September 12, 2015 and continues to Sunday March 26, 2016

Admission:

\$2.50 Youth (17 yrs. & under) & Seniors
\$3.00 Adults

Buy a Season Pass and save!

\$36.00 Youth & Senior (includes HST)
\$47.00 Adults (includes HST)
\$85.00 Family Pass (includes HST)

No Ice Oct. 24, 25, 26, Dec. 27, Jan. 23, Mar. 12, 13.

Public skating is held every Saturday and Sunday from 1:30 PM to 3:00 PM. Please check online for arena schedule. Cancellations will be posted at arena boards and online.

March Break public skating

March 16-20 1:30 PM - 3:00 PM

Christmas Break Public Skating

December 19, 20, 21, 23, 24, 30, 31



BALL DIAMONDS

Three lit ball diamonds are located at the Centennial Sportspark in Virgil and one lit ball diamond is located at Memorial Park on King Street in Niagara-on-the-Lake. These diamonds can be reserved on a seasonal or spot booking basis.

COMMUNITY CENTRE & HALLS

The Department has hall space available for rent in three locations, the Community Centre, the Court House and the Queenston Library. At the Court House, the Grand Hall and John Drope Hall are available mid October to mid March.

GAZEBO

The Gazebo at Queen's Royal Park can be reserved for small weddings. Contact the Recreation Office at 905-468-4261 for booking details.

PARKS

A source of pride in our community are the many beautifully maintained parks. They are available to the public at no charge. No reservations are accepted at our parks, however facilities within the parks (soccer fields, ball diamonds, etc) can be reserved by calling the Parks & Recreation office at 905-468-4261.

PAVILIONS

Two pavilions are available to reserve, one is located at Memorial Park and the other is situated at the Centennial Sportsfield in Virgil. To reserve, please call 905-468-4261.

POOLS

Two outdoor summer (seasonal) pools are located in Niagara-on-the-Lake, one is in Memorial Park on King Street and the other is at the St. Davids Lions Park on York Road.

SKATEBOARD PARK

A skateboard park is located at the Centennial Sportspark in Virgil. The facility is available for everyone to enjoy from dawn to dusk. The use

of protective equipment is strongly recommended.

SOCCER FIELDS

The Parks & Recreation Department maintains four soccer fields at Memorial Park (2 regulation size and 2 mini fields) and one soccer field at Rye Heritage Park and four mini fields at the Sportspark in Virgil. To reserve, please call 905-468-4261.

SPLASH PAD AT CENTENNIAL SPORTS PARK

A fully accessible splash pad complete with pavilion and washrooms is located at the Virgil Sports Park next to the soccer fields. The splash pad operates on an automated water system and is open from 9 AM to 8 PM from beginning of June to mid September.





PLAYGROUND AND FITNESS EQUIPMENT AT CENTENNIAL SPORTS PARK

The playground equipment includes two structures: one geared for 2-5 year olds and the other for 5-12 year olds. Fitness equipment is situated at six different training stations along the 2,200 ft. (670 m or .41667 miles) fitness trail in the Sports Park. Each station includes signage with quick response codes (QR Code) to scan with your mobile device that links you to a video demonstration of the exercise options.

TENNIS COURTS

The Recreation Department maintains tennis courts at the following locations: Memorial Park, Rye Heritage Park, Garrison Village Green Park, St. David's Lions Park and Virgil Centennial Park. All courts are available at no charge except Memorial Park Courts. The synthetic "joint friendly" surfaced courts at Memorial Park are available by either hourly rental fees or annual membership.

Membership applications for Memorial Park can be made online at niagaratennisclub.com, email questions to askus@niagaratennisclub.com.

VOLLEYBALL COURT

An outdoor volleyball court is available at no charge at Memorial Park. The court can be used on a first come first serve basis but we ask that if a group is waiting, use is restricted to one hour in length. A volleyball can be borrowed from the pool office (deposit required).

WADING POOL

Situated in Simcoe Park the wading pool is available from mid June to September.

NIAGARA-ON-THE-LAKE ENHANCEMENT FUND

A new fund has been established to provide additional funds for extra recreation projects. Donations can be made to this fund and tax deductible receipts are issued.

EMPLOYMENT OPPORTUNITIES FOR 2016 SUMMER SEASON

If you are interested in working for the Parks & Recreation Department in the summer, please visit the Town's website in early January for information on which jobs are available and how to apply. We look for applicants that have a strong desire to work in the community and have some experience in horticulture or in aquatics.

NIAGARA LAKE SHORE CEMETERY

The Parks & Recreation division of the Town's Operation's Department is responsible for the daily operation and maintenance of Niagara Lake Shore Cemetery. Hours of operation are Monday to Friday 8:30 a.m. to 4:00 p.m.

The staff of the Niagara Lake Shore Cemetery is pleased to assist families in choosing the perfect means of memorialization. The Cemetery provides earth and cremation interment or a niche in our columbarium.

A selection of fine bronze and granite markers are available at the Cemetery along with bronze wreath plates for columbarium niches. For further information on rates and bylaws, please email cemetery@notl.org or call 905-468-2747.



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Activities & Programs

niagara-on-the-lake
community centre
our place to play!



Happenings At The Community Centre



Sweets & Swirls Café offering a range of coffees, teas, juices, light meals and homemade sweets. We will cater your event in the Community Centre. 905-468-1024 sweetsandswirlscafe@gmail.com

Sports

BADMINTON CLUB

The NOTL Badminton Club's 2015/2016 shall begin at the Community Centre on Wednesday October 14 at 8:15 pm. The club will play Monday's at 8:15 pm and Wednesday's at 8:00 pm until Wednesday 1. For further information contact Mike King at 905-468-5478.

BADMINTON - LADIES

Come and enjoy ladies badminton every Wednesday and Friday afternoon from 1 pm - 3 pm. It is non-competitive, just good fun, friendship and exercise. Racquets can be provided. For more information contact Barbara Waller 905-468-8484 or Doris Smith 289-272-0470 or e-mail notlbarbarawaller@gmail.com

BADMINTON - SENIOR MEN

The senior men meet at the Community Centre on Mondays and Fridays, 10:30 am to 12:30 pm weekly. This is a winter programme commencing on Friday, October 2, 2015 and extending through to and including Friday, April 29, 2016. We lease 3 courts and limit the size of the group to ensure there is plenty of play time for each participant. Birds are provided. The cost is divided among the participants but historically runs about \$100 - \$120 per season. Interested parties may contact either Ted Little (e-mail little@niagara.com, telephone 905-468-5066) or Ed Nicol (e-mail info@abacothall.com, telephone 905-468-8383).

CARPET BOWLING

Carpet bowling starts on Monday October 19 and we bowl every Monday and Thursday from 1:30 pm to 4:00 pm. We are in the Auditorium of the Community Centre. The cost is \$50 per person for the season or \$3 per visit. Bowl rentals are available at 50 cents per day. You will find carpet bowling to be a gentle form of exercise and an enjoyable social activity and you are welcome to try the game before you join. Please wear flat soled shoes or slippers.

LAWN BOWLING

Lawn Bowling starts in mid April and they bowl every Monday, Wednesday and Saturday until October. For more information see www.notlbowl.ca or call Paul McHoull 905-468-5648 email pmchoull@colego.ca

TABLE TENNIS GROUP

Tuesday's 10 am - 12 pm at the NOTL Community Centre, Contact John Grieve at 468-0089

Fitness

ActiFit...FITNESS FOR WOMEN

Low impact moves are the components of this program at the Community Centre. These exercises promote cardio vascular health, conditioning that improves balance and core and upper body strength. The hour long sessions held on Mondays and Thursdays from 9 am to 10 am concludes with stretching and relaxation exercises that complete this exercise regimen. The fall session will commence on Monday September 21st. The winter session will begin in early January. For further information or to register contact Lynn Hunter-Hope at 905-688-9311 or e-mail lhunterhope@outlook.com

AEROBICS WITHOUT BOUNCE – Kulchar Klub Fitness

Low cardio (no bounce) intensity together with strength, balance and flexibility training without the jarring and straining of your joints promotes a safe and enjoyable way to get in shape. Balance ball, squeeze ball, stretch bands, weights and floor exercises incorporated. Classes at the Community Centre, Ten (10) week sessions starting January 4 and March 21, 1 hour long classes, Monday and Wednesday evenings 7:00 pm – 8:00 pm. Equipment required by participant: Yoga mat, balance ball, squeeze ball and water. Schedule for equipment will be given out on first class. Ages: Young adult to seniors. Exercise is good for the body and the mind. For more information please call 905-468-3537. (discount for returning members) Please leave message or email kulcharlunne@hotmail.com

FIFTY + FITNESS

Held on Tuesdays and Thursdays @ Community Centre 9:00 am - 10:00 am. For more information call Eva 905-356-2721.

NIA ~ 'MOVEMENT AS MEDICINE'

Nia is an exhilarating movement and lifestyle practice. As the first cardio workout to combine Martial Arts, Dance Arts and Healing Arts, Nia has fundamentally changed lives with its evolutionary approach to fitness and self-healing in the Body, Mind, Emotions and Spirit. Nia, an internationally acclaimed practice for over 30 years, is based on the science of the body, The Body's Way, and is taught in over 40 countries. It is set to great music, and feels like an hour spent dancing with your friends. In fact, students are particularly pleased about the feeling of community Nia creates. It offers a fun, creative pathway to

health and well being, regardless of age or physical condition. No experience is necessary. Drop in anytime! The NOTL classes are involved in raising funds at two events each year. So far they have donated around \$7,000 to Women's Shelters in the area. Classes run Mondays from 7 – 8 p.m. and Thursdays from 10:00 am – 11:00 am. For more information, Didi is at 289.228.5293 or didi.dances@yahoo.ca. Check out her website ~ Didi Dances: Nia in Niagara Peninsula

PILATES

Saturday's at the NOTL Community Centre 9:30 am – 10:30 am. For more information call Renata Steltman 905-246-4254

TAIJIFIT AUTUMN LEAF

Monday from 9:30 am to 10:30 am at the NOTL Community Centre, with Molly Yimlei yep for more information call 905-262-0366 yinyotl@hotmail.com.





TAI CHI-WHITE WING GROUP

This friendly group of people meet every Wednesday and Friday from 10:00 am to 11:30 am at the Community Centre on Anderson Lane. If you are familiar with this ancient Chinese exercise and enjoy its health benefits, we welcome you to join us. For additional information, please call Diana Hepburn at 905-468-3836 or Sharon Corey at 289-868-9469

TAOIST TAI CHI - FUNG LOY KOK TAOIST TAI CHI

Taoist Tai Chi® arts are founded upon a rich tradition of Taoist training and include a gentle set of movements that promote well-being for people of all ages and in all conditions. Each step in the training is intended to help the mind return to stillness, clarity and wisdom, and the body to a balanced, relaxed and healthy state. Classes, taught by accredited volunteer instructors, start regularly throughout the Niagara region. Call 905-935-7583 or visit www.taoist.org/niagara for dates and times.

TAI CHI 24-FORM

This simplified style of Tai Chi known as "24-Form" is the official form as developed by the grand masters in China. It is designed to provide healthy exercise and not martial arts. It is for young and old to maintain strength, flexibility, balance and memory. Our group meets every Monday morning from 9:30 am to 10:30 am at the NOTL Community Centre, Anderson Lane. For more information call Annabelle Salter 905-468-7204 or Roxanne Tomczyk 905-262-5001.

TRUE HEART CHAIR YOGA

This 45 minutes yoga class focuses on improving strength; flexibility, balance and stress management. All of the yoga positions are done from a chair to cater to those who cannot get down to floor level. Each class incorporates gentle postures, breathing exercises and guided relaxation that result in a profound experience of well-being. Tuesdays at 2:15 pm and Fridays at 1:00 pm. Price \$5. Contact Sophie Campbell 905 682-1870 or solycc@yahoo.fr

TRUE HEART 55+ YOGA

This gentle Hatha Yoga class is designed for people with limited mobility that can still get down to floor level. It is easy on the knees and hips while focusing on flexibility, strength and relaxation. Class time: Tuesdays from 1:00 pm to 2:00 pm; Price \$5. Contact Sophie Campbell 905-682-1870 or solycc@yahoo.fr

YOGA IS FOR EVERYONE

Monday's 1:00 pm - 2:00 pm. For more Information email or call ndrope@copegco.ca 905-933-7279

YOGA BY BEBI

Whether you are new to yoga or long-established, my intention is to encourage your practice. My name is Bebi and I have been guiding yoga practitioners for 19 years, locally and around the world. Bring your mat and let us meet at the NOTL Community Centre for an hour: Tuesdays 10:30 a.m. Fridays 9:00 am Saturdays 9:00 am Contact: 905-328-0581 bebibunyh@hotmail.com

YOGA WITH DIANNE

Thursday's 12:30 pm – 1:30 pm. For more information call Dianne Ellis 905-262-7051

YOGA WITH BEVERLY

Monday, Wednesday, Thursday's 8:30 am – 9:45 am. For more information call Beverly Hotchkiss 905-324-6100

YOGA AND BODY MEDITATION

Body meditation is a unique way of combining body, breath and mind into a focused and harmonious way of moving. Classes throughout the year at the NOTL Community Centre and Niagara Pump House Art Gallery. Please contact Oda for details 905-468-5759 odayoga@gmail.com

ZUMBA FITNESS® WITH JADE

Zumba Fitness® is fun and exhilarating way to work out and get fit. Classes are 1 hour and for all levels. Easy to follow dance moves with great Latin beats and World music. Exercise in disguise! Juliet Dunn has been teaching Zumba for over 5 years in Canada and overseas and she hopes to see you at Zumba soon! www.julietdunn.ca CLASSES: Thursdays - 11:15 am - 12:15 pm (This class adapts to all levels. A high & low impact version of Zumba.)

ZUMBA WITH BEATA

Monday's 5:45 pm – 7:00 pm, Tuesday's 9:30 – 10:30 am, Saturday's 10 – 11 am. For more information call Beata O'Connell 905-484-1027

Seniors Drop In

(\$\$\$ = Fee Attached)

NOTL GOLDEN AGE CLUB

The Niagara on the Lake Golden Age Club is open every Tuesday from 12:00 noon until 5:00 pm at the New Community Centre, 14 Anderson Lane. Euchre begins at 1:30 PM. Drop in for friendly conversation and refreshments. Luncheons (pot luck or catered). The membership fee is \$15.00. A great way to make new friends. For information contact Jane Garrett at 905-468-2994 or Lois Cranston at 905-468-3171. \$\$\$

CARDMAKING CLASSES

Please join us every Monday afternoon from 2:00 pm - 4:00 pm in the Simpson Room for a fun afternoon of creating beautiful greeting cards to send to your friends and family. Cost is \$10.00 per class. Most supplies are included. Beginners welcome - no experience required. To register or for more information contact Wilma Bosgraaf, 905-468-5363, wilmabosgraaf@hotmail.ca \$\$\$

CASUAL BRIDGE

Thursday's 1:00 pm - 4:00 pm in the Simpson Room

DROP IN PAINTING

Wednesday's 3:00 pm - 5:30 pm in the Simpson Room \$\$\$

FRENCH CONVERSATION

Monday's 2:00 pm - 3:30 pm in the Simpson Room Lounge

HEALTH SAFE & STRONG - EXERCISE

Tuesday's 3:30 pm - 4:30 pm and Thursday's 2:00pm - 2:45pm & 3:30 pm - 4:30 pm. For more information call the Region at 905-984-2621

INDOOR MODEL AIRCRAFT FLYERS

We will be flying Radio Control Airplanes in the auditorium. If you have never had a model airplane, come and fly a radio control simulator. Learn how to build a model airplane. Experienced instructors available, no experience required. Everyone is welcome. For further information: Bob Gidden bgidden@bell.net

COUNTRY LINE DANCING

Dance to all genres of music. Classic (Waltz, Foxtrot, Tango,) Latin, Movie soundtracks, Pop, 40s & 50s with Charleston, Oldies, Swing, Country and so much more. Great exercise for mind and body, low impact line dancing has been proven to ease the obstacles of aging if done weekly. It is the third most popular extra curricular activity in the world for those over the age of 50. You will learn many new popular line dance step patterns that can be danced to many of your favourite songs. If you love dancing come out and join us for a great morning of fun, exercise and socializing. We meet Monday mornings from 10:00 am until 11:30 am in the Simpson's Room at the NOTL Community Centre on Anderson Lane. There is NO charge for our classes and NO partner is needed. New dancers, men or women are always welcome. For more information call or email Frieda Krugel at 905-468-4465 friedazesta@yahoo.ca or Janice Barker at 905-468-4494 jbarker23@cogeco.ca or Lucille Reynolds at 905-468-9443, lreynolds5@cogeco.ca

MAHJONGG

Friday's 1:00 pm - 3:00 pm in the Mori Room

SPANISH CONVERSATION

Friday's 10:00 am - 11:30 am in the Simpsons Room Lounge

DART BOARD AND POOL TABLES

Please see front desk for availability.

Music/Dance

UKULELE CLASS (Community Centre)

Wednesday's 7:00 pm - 8:30 pm at the Community Centre. For more information call Doug Widdicombe 905-468-8195

UKULELE CLUB OF NOTL

Sunday's 3:30 pm - 4:30 pm. For more information call Doug Widdicombe 905-468-8195

COUNTRY DANCING

Country, Square and Line Dancing. Our relaxed, informal approach to dancing requires no previous experience or special skills. From late October to the beginning of April on Monday evenings, 7:30 pm - 9:30 pm at the NOTL Community Centre, Anderson Lane. We welcome new couples—their first evening is free and thereafter \$2 per person per evening. For more information call Mike at 905 937-2439.

DANCE ACADEMY

Tuesday's & Wednesday's 4:00 pm - 7:00 pm Contact Pippa Wessels 905-933-1810

DANCE NIAGARA

Jazz and tap dance classes for fitness and fun. Come and join the happy group of ladies learning jazz and tap dance routines, becoming fit, and making new friends as part of the bargain. Dancing has been shown to improve memory, muscle tone, and bone density—while reshaping the figure. We start with the basics, progress to combinations, and conclude with entire choreographed routines. You may simply enjoy the classes or opt to perform as well. Adults only—no experience necessary. One hour per week for a class in either jazz or tap. Classes run Tuesdays and Thursdays - Fall/Winter and Spring. Call Shelagh at 905-380-4697, or Beryl at 905-468-2848. **SPECIAL NEW CLASS FOR FALL OF 2015:** If a whole choreographed dance doesn't fit your schedule, try this "drop in" class, where technique, dance basics and a new combination will be taught each week.



Social / Educational / Cultural

NOTL DUPLICATE BRIDGE CLUB

The Thursday night Duplicate Bridge Club has been active for over 30 years. It is a non-profit club run by volunteers. Players meet every Thursday evening at 7:00 pm in the Simpson Room of the Community Centre. We have several social activities prior to the game throughout the year. Our aim is to provide a friendly atmosphere for playing duplicate bridge. For more information and rates, contact Director Pat Braun 468-2335, Verne Chant 468-0809 or John Christie 468-8238.

NOTL DUPLICATE BRIDGE CENTRE

This ACBL-sanctioned Bridge Centre offers a friendly and welcoming atmosphere for experienced duplicate players. Games are held every Tuesday afternoon at the NOTL Community Centre. Lessons available at all levels. Side games are held at scheduled periods through the year to introduce social bridge players to the intriguing world of duplicate. Contact Lucy McEwen 905-468-0052, Tom Letson 905-327-0950 or email niagaraonthelakebridgecentre@bell.net for information and rates.

BRIDGE WITH MARLENE

Wednesday's 8:00 am - 12:00 pm for more information email mmwalther@hotmail.com

Health

WEIGHT WATCHERS

Thursday's 9:00 am - 11:00 am at the Community Centre. Contact 1-800-651-6000

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- ☒ Amazing Value

Two Locations to Serve You Better!

Medical Centre Location:

**1882 Niagara Stone Road
Virgil • 905.468.2121**

Mon - Fri: 8:30 am - 8:00 pm
Saturday: 9:00 am - 5:00 pm
Sunday: Closed



King Street Location:

**233 King Street
Niagara-on-the-Lake
905.468.8400**

Mon - Fri: 9:30 am - 6:00 pm
Saturday: 10:00 am - 5:00 pm
Sunday & Holidays: .. 11:00 am - 4:00 pm



www.simpsonsparmacy.ca



Children's Programs

Please see in-house schedule for days & times. Programs run in partnership with the Boys & Girls Club of Niagara. Fall 2015 season will run 10 weeks. All program fees are not charged HST.

JR. DANCE (3-5 YEARS)

\$37.50 per child

This program is an introduction to the world of dance for your child. The children will explore the fundamentals of ballet in a safe and nurturing environment. This program focuses on movement, co-ordination and spatial awareness. The emphasis of the program is on having fun.

LITTLE MOVERS (3-5 YEARS)

\$37.50 per child

This is a high energy program that develops fine and gross motor skills through a vast assortment of gymnasium games. Some sport skills are explored as your child learns valuable social skills through cooperative activities.

FALL/WINTER SESSION

Monday September 28 to Thursday December 10, 2015

Day	Start	End	Cancellations
Monday's	Sept 28	Dec 7	Oct 12
Wednesday's	Sept 30	Dec 2	
Thursday's	Oct 1	Dec 10	Oct 1

Come into the Community Centre to register or Register online at www.notl.org

Please contact the Community Centre - 905-468-3886 or prprograms@notl.org for more details

WINTER/SPRING SESSION TBA

EXPLORE THE ARTS (3-5 YEARS)

\$42.50 per child

Learn the fundamentals of the arts and find the creative person within! This exciting class not only helps you with your artistic expression, but builds on the skills you may not even know you have. Be prepared for a fun-filled class of painting, drawing, sketching and expressing yourself!

JR. HIP HOP (3-5 YEARS)

\$37.50 per child

Learn the fundamentals of Hip Hop and find the funky dancer within! This high-energy class improves physical fitness, rhythm, movement and self-confidence.

SR. DANCE (6-12 YEARS)

\$52.50 per child

This program is an introduction to the world of dance for your child. The children will explore the fundamentals of ballet in a safe and nurturing environment. This program focuses on movement, co-ordination and spatial awareness. The emphasis of the program is having fun

KITCHEN CREATIONS (6-11 YEARS)

\$62.50 per child

Would you love to learn to cook and have fun? This is the perfect opportunity to get in the kitchen and cook up some cool recipes. Children will be able to create edible projects. The creations will be nut free. Fee includes program supplies. Please make instructor aware of any allergies prior to class. Please bring container each week to bring home your project.

KITCHEN CREATIONS (12-16 YEARS)

\$62.50 per child

Would you love to learn to cook and have fun? This is the perfect opportunity to get in the kitchen and cook up some cool recipes. Children will be able to create edible projects. The creations will be nut free. Fee includes program supplies. Please make instructor aware of any allergies prior to class. Please bring container each week to bring home your project.

EXPLORE THE ARTS (6-12 YEARS)

\$47.50 per child

Learn the fundamentals of the arts and find the creative person within! This exciting class not only helps you with your artistic expression, but builds on the skills you may not even know you have. Be prepared for a fun-filled class of painting, drawing, sketching and expressing yourself!

HIP HOP (8-12 YEARS)

\$52.50 per child

Learn the fundamentals of Hip Hop and find the funky dancer within! This high-energy class improves physical fitness, rhythm, movement and self-confidence.

Youth Camps (Community Centre)

Youth Camps are run by the Town of Niagara-on-the-Lake and hosted at the Community Centre. Register in person or online at www.notl.org

DECEMBER CAMP

Our December camps offer something for everyone – games, sports, arts and crafts and themed activity days.

Date	Theme
Mon Dec 21	Winter Wonderland
Mon Dec 28	Hawaiian Day
Tues Dec 22	Unusual Olympics
Tues Dec 29	Pyjama Day
Wed Dec 23	Safari Day
Wed Dec 30	Superhero Day

Cost: \$30/day
Additional \$5/day for before (7am-9am) and after (4pm-6pm) care

Time: 9am to 4pm
Ages: 5 to 12 years

MARCH BREAK CAMP

March 14 – 18, 2016

Thinking about what to do for the kids during March Break? Why not register them for the March Break Camp at the Community Centre? Kids will enjoy a variety of fun, interactive and co-operative activities each day. Activities include theme days, group games, gym activities, crafts, out-trips and more.

Cost: \$30/day
Additional \$5/day for before (7am-9am) and after (4pm-6pm) care

Time: 9am to 4pm
Ages: 5 to 12 years



Niagara Nursery School (Community Centre)



Since 1972, Niagara Nursery School has provided a nurturing and intellectually invigorating environment for our children by providing a progressive play-based program, where we encourage year-round outdoor play, community interaction, and parental involvement. By utilizing the philosophies of Dr. Maria Montessori and Reggio Emilia, our play-based school lets children participate in a spectrum of learning opportunities

through sensory, cognitive, dramatic and manipulative play. Our Parent Cooperative model means that parents and caregivers really have the opportunity to take part in daily activities and are active decision-makers within the school. We offer flexible nursery school programs, full day care, as well as before & after-school care with busing to and from Crossroads and St. Michaels Schools. We work with families to design a care schedule that fits your family and child's needs. To learn more please visit our website at www.niagaranurseryschool.ca or contact our school Supervisor Candice Penny at (905)468-4386 ext. 2.



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Large Auditorium space 60' x 75' which can be divided into 3 rooms

Kitchen & Bar facilities attached to Auditorium

Capacity - 300 seated & 450 assembly

Simpson Room

1560 sq.ft. Excellent space for family reunions, birthdays, retirement parties.

Kitchenette (fridge/microwave/sink) attached to room

Adjacent to Lounge & Games Room



Mori Nurseries Room

1015 sq.ft. Excellent space for wedding shower, birthdays, fitness

Kitchenette (fridge/microwave/sink) attached to room

Room is adjacent to the Lawn Bowling Greens



Penner Building Centre Youth Room

Comfy couches, Wii with big screen, table tennis, foosball table, 3 Mac Computer with internet access



Martin Sheppard Fraser LLP Board Room

Multiple room setup available

Wifi services available

Seats 12 -15 people comfortably

Track & Fitness Area



Features

Includes

NOTL Rotary Track
 Virgil Business Association
 Fitness Area
 NOTL Kinsmen Fit Stop

Walking & Jogging track (375 ft long)

Strength machines

Cardio machines

Minimum age is 13 years old

* Please note that the Track & Fitness
 Area is unsupervised

Hours of Operation

Monday - Friday - 6 am - 9 pm

Saturday & Sunday - 7 am - 5 pm



2015 Track & Fitness Membership Fees

*** 2016 rates will be available January 1, 2016.

	Adult Resident	Adult Non Resident	Senior Resident	Senior Non Resident
Monthly	\$18.75	\$25.00	\$12.50	\$18.75
Yearly	\$187.00	\$249.50	\$124.75	\$187.00
Couple	\$249.50	\$311.75	\$156.00	\$249.50
Family	\$280.50	\$343.00		

* Family Rates - 2 adults and 2 children ages 13 - 20 years old

* All rates include HST.

Sports At The Virgil Sports Park And Arenas

GHL HOCKEY FOR BEGINNERS

The GHL is an adult co-ed hockey league for beginners.

Never played hockey? Can't Skate?

—Great! Teams play every Saturday at Centennial and Meridian Credit union Arenas. For more information please visit <http://ghlniagara.com>



NOTL MINOR HOCKEY (winter)

Rates as of August 1st, 2015

Hockey School – No out of town fee for Hockey School	\$ 195.00	Out of Town Fee	\$ 75.00
Tyke -	\$ 525.00	Rep Fee	\$ 200.00
Novice – Midget House league	\$ 750.00	AE Fee	\$ 150.00
Novice – Midget BB & AE	\$ 800.00	Family Package More than 2 players	\$ 1,400.00

Register on line for the 2015/2016 season

www.notlhockey.com

Christa Rawsthorne @ christarawsthorne@gmail.com





**N.O.T.L FIGURE
SKATING CLUB
"N-O-T-L
EDGE" (winter)**

*Member of Skate
Canada since 1968*

The Niagara-on-the-Lake Skating Club is a thriving club with programs running 7 days per week from mid-September until the end of March. All of our skating programs are held in the Meridian Credit Union and Centennial Arenas in



Virgil. We are "family-oriented" and offer Skate Canada programs to all of our members with the focus on fun, fitness and achievement. Our Recreational CanSkate and Preschool programs are administered by two time Skate Canada National award winning professional coach Judi Boyle-Krzeczkowski. Instructors are NCCP certified professional coaches assisted by qualified program assistants. We offer learn-to-skate programs specially designed for all age groups - Pre-School CanSkate for children 3-5

yrs of age; CanSkate for any skater with an interest in ice sports (Ice Skating, Hockey, Ringette). Our Adult program (age 16 and up) is designed for the beginner to more advanced skater. We offer STARSkate Junior, Intermediate and Senior sessions for test and competitive skaters. For program schedules and detailed Club information, please visit our website at www.notlskatingclub.com. You can also contact us at skatenoti@outlook.com or telephone at 905-468-7465.

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NIAGARA- ON-THE-LAKE SOCCER CLUB (summer)



Our house league caters to players as young as 4 years old to 18 years old. Register online at notlsoccer.org OR come to our in-house registration February 13th and 27th between 9-12 at the Meridian Arena (front foyer). Registration will be open for 2016 season October 31st.

We will have travel teams for U8-U13 this upcoming season. If you are interested in trying out for these teams please contact coachmatthahn@gmail.com. The dates and location of try outs will be posted on the club website.

NIAGARA THUNDERHAWKS MINOR BOX LACROSSE (spring/summer)



www.niagaralacrosse.com Box lacrosse is offered for boys and girls ages 4-21. The 2016 season begins in April and finishes by the middle of August. League play and practices are all weekdays (no weekends). Practices and home games are at the Centennial and MCU arenas in Virgil. Away games are played throughout the Niagara Region. Come play the fastest game on two feet!!

****FREE LACROSSE STICK TO ALL NEW JUNIOR PAPERWEIGHT AND PAPERWEIGHT PLAYERS ****

For further information, please contact registrar Allison Price at notlaxregistrar@gmail.com

NIAGARA THUNDERHAWKS MINOR FIELD LACROSSE (spring/summer)



www.niagaralacrosse.com Practices are weeknights to coincide with box so you can play both field and box! Games are 1-day tournament format (2 games on one day) for 4 consecutive weekends and semi-final and championship tournament weekends. Season runs from the second week in April until the Victoria Day weekend in May. For further information, please contact registrar Allison Price at notlaxregistrar@gmail.com

NOTL MINOR SOFTBALL (summer)

For full details on the league and for summer 2016 registration, please call Pete Flynn at 905-357-1620 or email oflynnr16@yahoo.ca

NIAGARA RANGERS BASKETBALL

Niagara Rangers Basketball was re-established in NOTL in 2010 and offers boys & girls the opportunity to play on a rep team or to participate in a development program. Coaches are provincially certified and highly experienced at working with children. Practices take place at Crossroads Public School in Virgil. The Rangers would like to thank all of their community sponsors for their generous donations which allow us to keep registration fees low.

Season runs from September, 2015 – April, 2016. The following programs will be offered for the 2015.2016 season:

Rep Teams: Major Midget Girls (U16) – Grade 9/10 Girls, Major Bantam Girls (U14) – Grade 7/8 Girls

Major Atom Boys (U12) – Grade 5/6, Atom Boys (U11) – Grade 4/5

Development Program: A development program for boys & girls in grades 1-4 will be offered on Saturday mornings from October – March. Focus is on learning the skills of basketball and having fun.

Registration for the 2015.2016 season for all programs is Monday, September 14, 2015, 6:00 PM – 7:00 PM at Crossroads PS. Tryouts begin Tuesday, September 15, 2015.

For information email: winnersdaycamps@cocego.ca or call Jennifer Caughill at 905-468-9408.

Niagara Rangers website: www.niagararangers.com

KIDSPORT NIAGARA

Funding available for children's sports. Eligible families can apply by completing a grant application available on our website www.kidsportniagara.ca. For more information email Shari at shari@kidsportniagara.ca or call 905-708-7364. KidSport: SO ALL KIDS CAN PLAY!




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Fitness



CURVES WORKOUTS WITH JILLIAN MICHAELS

Curves is located just outside of St. Davids in the lower level of Eagle Valley Golf Course, 2334 St. Paul Ave. N.F.

Call for your appointment (905) 468-9900 or (905) 358-1977 Now when you join, you not only get the 30-minute strength training workouts that Curves is known for, you'll get unlimited access to all new classes that improve your balance, stability and core strength. A curves coach is always there to help and motivate you.

FIT WITH CATHY

Offering Personal Training, small group training, nutrition coaching. Contact Cathy Mills 905-329-0930 mcathymills@gmail.com

FITNESS FOR WOMEN OVER 60

This program is held every Tuesday and Thursday from 9:00 AM to 10:00 AM at the Queenston Library. 10 week sessions are held continuously during the school year. For information please phone the instructor, Dagmar, at 905-356-5372.

MEDITATION

Curious about meditation? Interested but unsure how to start? Want to reduce stress, feel better, feel more connected, find inner peace? Contrary to many myths, meditation can be practiced by everyone and it is not required to sit cross-legged on the floor! In fact meditation has been proven to have many health benefits. Step by step, learn proper technique and practical meditations that can help

you deal with life challenges as well as contributing to your well being and that of others. For more information, contact certified meditation facilitator Elizabeth Skronski at 905-468-9054 or at elizabeth@coachingforwellbeing.com

YOGA WITH YVONNE

An exploration of the basic yoga postures, developing awareness of the breath, the body and our connection with the ground. A gentle approach to yoga suitable for beginners and people over 50. For information call Yvonne Rahn at 905-468-YOGA (9642).

Children's Programs

AIR CADETS

For information please see web at www.809cadets.ca, call the Squadron Office at 905-468-7584

GIRL GUIDES

In an all girl environment, Girl Guides learn about themselves, meet new friends, and learn how to make a difference in the world. The program focuses on global and cultural awareness, career exploration, technology, science, and the arts, as girls develop their abilities through participation in activities, games, and the making of crafts. A wonderful opportunity for fun and friendship. Sparks (age 5 & 6), Brownies (age 7 & 8), Guides (age 9 - 11), Pathfinders (age 12 - 14). For more information visit: www.girlguides.ca or call 1 - 800 565 8111. To register on-line visit: <https://guidesontario.org>

MAPLE LEAF MONTESSORI SCHOOL N.O.T.L.

Maple Leaf Montessori school, is situated in Kinsmen Scout Hall, 430 King Street, N.O.T.L. Our school provides an ideal, peaceful environment for our half-day and full-day programmes. The programmes offered at Maple Leaf have evolved from Dr. Maria Montessori's detailed observations of children at work and play. Our fully equipped Montessori classrooms are designed to provide a familiar home like environment. Toddler programme for children 18 months to 3 years. Casa programme from 27 months to 6 years. NEW Lower Elementary Programme (Grade 1 - 3). For further information or registration please call Sharon Gleave at 905 468-1057



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MONTESSORI IN THE HOME

Montessori In The Home Consulting gives parents suggestions for introducing a Montessori approach at home that compliments with a Montessori school environment. Giving parents the education and support to view another way of seeing what may enhance decisions related to child development. Montessori In The Home Consulting offers parents creative principles for redesigning aspects of their home, for approaching the child with new kinds of tasks and challenges and general understanding. Parents can follow simple everyday suggestions for Montessori in

the home, encouraging independence, self-confidence, reasonable freedom of choice, consistency, orderliness, and responsibility. For more information, please contact Sharon Gleave (905) 468-1057.

NIAGARA CHEERLEADING

Niagara Cheerleading is located at 590 York Road in NOTL. It is the largest and most successful program of its kind in the Niagara Region. Niagara Cheerleading offers competitive, pre-competitive, recreational and professional cheerleading, dance and tumbling programs and teams for athletes ages 3 and up. Everyone has

a place in the Niagara Cheerleading program - from the novice athlete to the ultra-elite veteran. Niagara Cheerleading has won multiple Provincial, Canadian and US National Cheerleading Championships and have served as four-time representatives of Canada at the World Cheerleading Championships. Niagara Cheerleading offers all of its athletes not only the ultimate cheerleading experience, but the ultimate life experience too! Develop confidence, leadership, team work and fitness in a fun and upbeat environment. For registration or program information, please visit: www.niagaracheerleading.com





NIAGARA PUMPHOUSE ARTS CENTRE CHILDREN'S CLASSES & CAMPS

The Niagara Pumphouse Arts Centre is a not-for-profit organization engaging the community through educational programs, exhibitions and special events to create, celebrate and appreciate visual arts. The Niagara Pumphouse operates year-round with art classes and camps for children and youth. Our programs are taught by professional artist-educators who encourage students to explore various artistic media and techniques. Our lessons introduce students to art history and visits to our gallery are sure to inspire your young artist. Our studios are designed for students to get creative and messy while they learn how to paint, sculpt and draw! Please visit www.niagarapumphouse.ca or call 905-468-5455 for details. The Niagara Pumphouse, 247 Ricardo St., Niagara-on-the-Lake

SCOUTS CANADA

1st St. Davids Scouts

- Beavers: Tuesdays 6:00-7:00 pm,
Ages 5-7
Cubs: Wednesdays 6:30-8:00 pm,
Ages 8-10
Scouts: Mondays 6:30-8:30 pm,
Ages 11-14
Venturers: Mondays 6:30-8:30 pm,
Ages 14-17

Meeting Place: St. Davids United Church, 1453 York Road, St. Davids
Contact: Tom Keppy at tdkeppy@hotmail.com

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www.villagedental-notl.com



Niagara-on-the-Lake
**FAMILY
HEALTH
TEAM**



*"Promoting
Community
Wellness"*

Our clinical team works in a collaborative environment, along with other community health services to provide comprehensive primary health care to our patients. To learn more about Family Health Teams in Ontario please visit: www.health.gov.on.ca or www.notlfht.com to learn more about the NOTL FHT.

NOTL Family Health Team Community Health Fair
November 5th, 2015 from 9-3 at
the NOTL Community Centre.
Flu Shot Clinic Dates
November 5 & 6th from 9-6 and November 7th from
9-2 pm
NOTL Community Centre

After-hours Clinic: • Monday & Wednesday 5 to 8 p.m.
at the Niagara Medical Centre
• Tuesday & Thursday 5 to 8 p.m. at the
NOTL Hospital Primary Health Care Clinic
• Saturday 9 a.m. to noon at the Niagara Medical Centre

Important Phone Numbers:

NOTL Family Health Team: 905-468-2177
Niagara Medical Centre: 905-468-3275
NOTL Primary Health Care Clinic: 905-468-9189
After Hours Telehealth Advisory: 1-866-553-7205

Please check out our website www.notlfht.com for more information
and to learn how to become a patient of NOTL Family Health Team.

Music / Dance

Music

EVERGREEN SINGERS

Together for 16 years, we meet at Grace United Church Victoria St in Niagara-on-the-Lake Monday afternoons from 1 – 2:30 to enjoy singing a variety of music - show tunes, pop songs and classic pieces. If you enjoy singing, please come and join us. There is no audition and the ability to read music is not required. We meet from September to mid-May. For more information contact Evergreen Singers evergreensingers@hotmail.com Adolf Miecznikowski (905-934-4888) or Barbara Waller (905-468-8484)

PIANO & THEORY LESSONS

For students of all ages and grades up to advanced level. Ross Rahn, B.A.,

ARCT, has European and Canadian training, teaching and performing experience. Preparation for Royal Conservatory examinations and festivals/competitions. Facilities at 620 Simcoe Street, N.O.T.L. include two grand pianos. For further information call 905-468-9642.

PRIVATE PIANO LESSONS

Gayle Neufeld, B.A., B.Ed., A.R.C.T., offers piano and theory lessons in Vinlog to young beginners through adult. More than 25 years of experience in teaching and accompanying. Preparation for Royal Conservatory exams, festivals and year-end recital. Fostering a love of music through individually paced lessons! For more information, please call 905-468-2105.

PRIVATE PIANO LESSONS

Private Piano and Theory Lessons available in NOTL. Kathy Beigie B.Sc. Music Ed. 30 years experience offers Royal Conservatory Exam Preparation and several recitals that include Popular and Classical music for beginners, Intermediate and Advanced. Mrs. Beigie was a member of the piano faculty at St. Michael's Choir School, a private music school in Toronto whose music program is integrated into the required Ontario curriculum program. A quote from the yearbook reads: "It is with a note of sadness we say goodbye. Her unassuming humility has inspired all of us. With a truly caring manner she conveyed a genuine concern for each student as a unique and developing individual." Please call 905-468-4075

NIAGARA STAR SINGERS

The Niagara Star Singers are a select show choir of teenage girls who love to sing and dance, directed by Lisa Cosens Brillon. The Junior Niagara Star Singers are a new show choir of children between the ages of 8 – 12. Both groups perform and entertain for functions and events in the Niagara region and recently performed at Disney World Florida. Membership is by audition. For more information, please visit our website www.niagarastarsingers.com and contact us at niagarastarsingers@gmail.com.

NIAGARA MUSICAL THEATRE & VOICE FESTIVAL

May 4 – 7, 2016. For Niagara singers who would like to compete in musical theatre and/or voice. Adjudicators are professionals in the field of musical theatre and voice. The festival is a member of the Ontario Music Festivals Association and competitors are eligible to be recommended to the provincials in musical theatre and voice. Please go to www.nmtvfestival.ca for more information on entering this festival.





QUEENSTON LADIES CHOIR

A community choir for women who love to sing! We rehearse weekly on Tuesday evenings from late September - early May. The choir performs a Christmas and Spring Concert. Proceeds from our concerts go to local charities. If you are interested in becoming a choir member, please call Lisa Brillion, Conductor, at 905-262-4610 or email at queenstonladieschoir@gmail.com

PRIVATE GUITAR LESSONS

From young adults to retirees, Rayburn Blake will help you discover the joy of playing the guitar. 'Quick Starts' a specialty. Let's talk! Country, pop to light jazz are my fields. My location is ideally suited to those in NOTL and vicinity. Please call me at 905 - 468-7792 or email rayburn.blake@gmail.com

SINGING LESSONS

Lisa Cosens Brillion, B. Mus., M. Mus., M. Mus., teaches private singing lessons to students of all ages in her Queenston Music Studio. She is a member of the Ontario Registered Music Teachers Association, National Association of Teachers of Singing, is an RCM Examiner and has over 35 years of teaching experience. Instruction in classical singing, opera, and musical theatre. Preparation for RCM examinations, music festivals and auditions. Students participate in musical theatre workshops, area festivals and various recitals. For further information please call Lisa Brillion at 905-262-4610 or email at brillionmusicstudio@gmail.com



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with costumes. All classes are taught by Ilona Newton, Full Member C.D.T.A. (Canadian Dance Teacher's Association), who has been teaching for 33 years. Located 470 Hunter Road, NOTL. For more info, please call Miss Ilona at 905-468-0947, or you can email at ilonadanceschool@cozero.ca

MCMASTER SCHOOL OF DANCE

The McMaster Studio is under the direction of Pat McMaster who is on the world wide panel of Judges for the Scottish Official Board of Highland Dancing. Since coming from Scotland, Pat has been teaching in the Niagara region for more than 40 years. She is also a fully qualified teacher of Ballet, Tap, and Modern dance. Dance training develops poise, good posture, co-ordination, and strength. Boys also make strong competitive highland dancers. The studio credits a long line of Champions including Ontario, Canadian, North American, Australian, Scottish, Commonwealth, Juvenile and Junior World Titles. Pat has also judged the United States, Commonwealth, Australian International, and World Championships. Students are prepared for medal examination through the Scottish Dance Teachers Alliance. They also perform throughout North America. Private lessons available on request. Must attend regular classes to be eligible. For more information please contact Pat 905-468-4647 or Paulina 905-329-3100 www.mcmasterschoolofdance.com

Dance

BALLET (CECCHETTI METHOD)

The Dingman-Nagy School of Ballet Arts offers Cecchetti Ballet technique classes for Pre-ballet, Beginners through to Advanced, ages 3 years and up. Students prepare for Cecchetti Ballet exams and various dance festivals and competitions. Ballet, Pointe, Modern and Lyrical Dance classes are taught. Adult ballet/fitness barre is offered Thursday mornings at 9:30-10:30 am. Summer Dance camps are offered in July for the recreational or serious dancer. Private lessons are also available. All classes are taught by Lisan Dingman-Nagy, teacher of classical ballet and modern dance since 1984. Classes are held in the professionally equipped dance studio located at 260 Tanbark Road, St. Davids, entrance located off of Queenston Rd. (corner of York Rd. and Queenston Rd.) Recital in June. For further information and registration, please call Lisan Dingman-Nagy, B.F.A. - LCSC, CICB at 905-262-4322.

ILONA'S SCHOOL OF DANCE

Ilona's School of Dance is a professional dance studio that offers Russian ballet technique and also Cecchetti style from 7 and up. Students have a choice to take the Canadian National Ballet Exams, and take part in competitions. We also offer Modern, Acro-style, and other dance styles for the Recital. Tap classes for all ages. Pre-Ballet Creative for 3 to 6 years. For adults, there is exercise classes with ballet included. There is a year-end Recital





ALCOHOLICS ANONYMOUS-LAKE GROUP

Alcoholics Anonymous-Lake Group
Alcoholics Anonymous is a world wide organization offering to help men and women who have a desire to stop drinking. Please call 905-682-2140 for the dates and locations of additional meetings in the area.

ARTHRITIS SOCIETY

Since 1948, The Arthritis Society has been helping people learn to live well with arthritis. Programs include: Arthritis Rehabilitation and Education Program (AREP) (clinic site in Niagara –on-the-Lake); Chronic Pain Management Workshop; Arthritis Self-Management Program held throughout Niagara Region.
Office: 245 Pelham Rd. Suite 218, St. Catharines, ON L2S1X8 Tel: 905-646-7284 For more information on all programs: 1-800-321-1433 or www.arthritis.ca

CANADIAN CANCER SOCIETY

The NOTL branch is gearing up for a busy year! Volunteers are needed for the Daffodil Pin Sales and the Residential Campaign. By supporting the Society, together we are making huge strides in the fight against cancer. The society funds life-saving research on all types of cancer; advocate for healthy public policies; educate the public on cancer and risk reduction and support people living with cancer through transportation and peer support services. To volunteer; make a donation or inquire about our services, call the Niagara office at 905-684-6455 or visit www.cancer.ca

NIAGARA-ON-THE-LAKE HOSPITAL AUXILIARY

The NOTL Hospital Auxiliary is a vibrant volunteer organization dedicated to supporting healthcare in our community. Members continue 95 years of tradition by coordinating

the community foot care clinic, and delivering Lifeline services. For more information visit www.notlh.com

NIAGARA-ON-THE-LAKE COMMUNITY PALLIATIVE CARE

Our community-based organization offers seriously-ill residents of Niagara-on-the-Lake and their families a variety of services that include trained visiting volunteers who provide emotional support, respite care, friendship and compassionate listening; a wide selection of equipment; a lending library of books, DVD's, and CD's; phone bereavement and bereavement support groups; and a family studio apartment where out-of-town family members of our clients can stay. All we do is in strict confidence and free of charge. For more information contact Terry Mactaggart at 905-468-4433, notlpc@bellnet.ca www.notlpc.com or fax 905-468-7149

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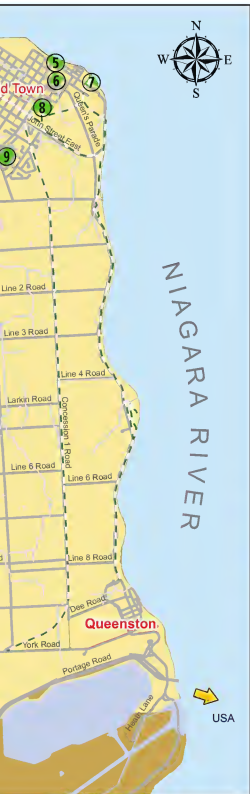
deserve a standing ovation!



Call for a tour 905-468-0050 or visit TheVillageNiagara.com

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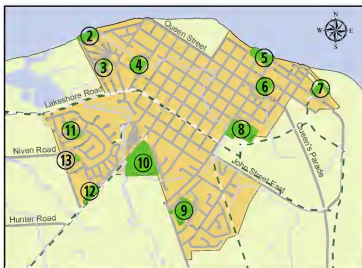




Parks Location Map

- | | |
|------------------------|----------------------------|
| 1) Newark Park | 11) 12) |
| 2) Ryerson Park | The Villages Parks |
| 3) Chatauqua Park | 13) Dietsch Park |
| 4) William Nassau Park | 14) Centennial Sports Park |
| 5) Queen's Royal Park | 15) Homestead Park |
| 6) Simcoe Park | 16) St. Davids Lions Park |
| 7) Nelson Park | 17) Lowrey Park |
| 8) Memorial Park | 18) 19) 20) |
| 9) Rye Heritage Park | Niagara-on-the-Green |
| 10) Community Centre | Parquettes |

Recreation Trails & Paths



2014 Prepared by the Town of Niagara-on-the-Lake GIS

Seniors

LIVING AT CHARTWELL NIAGARA LONG TERM CARE RESIDENCE

"An environment of compassion and respect." Located in the heart of Niagara-on-the-Lake, Chartwell Niagara Long Term Care Residence offers convenient access to shopping, dining and local attractions. Just minutes from the Niagara River, our residents enjoy picturesque views of the marina from our comfortable sun rooms and back patio. The long-service, skilled staff have earned a positive reputation for their dedication to providing quality care. With 24-hour nursing care, assistance with daily living activities and high levels of personal care, family members can feel confident that their loved one is well cared for. The team philosophy to "care for our residents not only with our hands, but also our hearts," creates an environment of compassion and respect. Please call 905-468-2111 ext. 210 to book a tour:

PLEASANT MANOR RETIREMENT VILLAGE

Pleasant Manor Retirement Village provides the community of Niagara-on-the-Lake and surrounding areas with a continuum of quality care for our seniors. While Pleasant Manor serves seniors from a variety of backgrounds, its philosophy of operation is based on the Christian and ethnic principles unique to the Mennonite beliefs and ethnicity. For more information, contact Pleasant Manor at 905-468-1111 or visit our website.

UPPER CANADA LODGE

Upper Canada Lodge is an 80-bed fully accredited long-term care home operated by the Municipality of Niagara dedicated to enriching the lives of our residents by providing high quality, compassionate care. Our team consists of staff, volunteers, family members and other supporters who work together to form a warm, friendly and caring community for our seniors. It features many beautiful indoor and outdoor areas for residents

and families to socialize such as gardens, gazebos and parks. Please call to book an appointment for a tour Monday-Friday 9 a.m. – 4:00 p.m. by calling (905) 468-4208 ext. 4402. For general information on admission to long-term care facilities, please call Community Care Access Centre (CCAC Niagara) at (905) 684-9441 or 1-800-810-0000 or email at access@hnhb.ccac-ont.ca

SENIORS COMMUNITY PROGRAMS

If you are a senior, or if you know of seniors struggling with their independence, memory loss or dementia, or if you are trying to support an aging loved one at home, then you need to know about Seniors Community Programs Adult Day Program. Located at Upper Canada Lodge a structured program providing activity and support for seniors operates Tuesday-Thursday each week. For information, please contact us

at 905-984-2621 or toll free 1-877-212-3922, Monday - Friday, 8:30 a.m. - 4:30 p.m. or (905) 468-4208 ext. 4464 and speak to the Day Program Coordinator Darlene Jackson for a tour and explanation of the service.

VOLUNTEER OPPORTUNITIES AT UPPER CANADA LODGE

The Volunteer department at Upper Canada Lodge would like to welcome anyone in the community who is willing to give just a little bit of their time to support activities for our senior Residents. We require volunteers to work in our Tuck shop or help with special events and socials during the year. Other Volunteer opportunities include assisting with Bus trips, pet visitors, friendly visiting and entertaining to name a few. Call directly to the Resident and Community Programs Manager Dave Bauer at 905 468-4208 ext. 4460 for more information.



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NIAGARA ON THE LAKE
PUBLIC LIBRARY

Upper Canada's oldest circulating library
- established 1800

Phone: 905-468-2023

Website: www.notpubliclibrary.org

Address: 10 Anderson Lane, NOTL

We offer books, magazines, music, movies, audiobooks and e-books to borrow. Reference services include online databases and special local history collections. The library offers a wide range of services such as free wireless internet access, computer workstations, printing, photocopying and inter-library loans.

Programs and events for the whole family are offered regularly throughout the year. Children's programs take place weekly and monthly, with special events

planned at March Break and during the summer:

Join us for Toddler Tales, a story time for children ages 2 and older, Tuesdays at 10:30 am. Babies & Books is a time to share stories, songs, tickles and bounces with your baby ages 6 months to 2 years. Babies & Books takes place on Wednesdays at 10:30 am. No need to sign up for these programs, just drop by and join the fun. Drop in programs run September through June.

Adult programs include computer classes, health information sessions, author readings and various interest courses. Monthly local art shows are on display in the Rotary Program Room.

The Rotary Program Room and the computer lab are available for community members to rent for a fee. Contact the library for availability, pricing and more information.

Visit our website at www.notpubliclibrary.org for up to date information about programs, news and events. Search the library's catalogue or log on to your account to renew and request items.

New self-serve pick up and return location at the St. Davids Fire Station. Place items on hold and pick them up at your convenience.

Special Events

- September to April: NOTL Library's Wine & Words Author Series
- September to April: NOTL Library's Beer & Books Book Club
- September to May: Weekly Children's Drop in programs at the NOTL Library
- March: March Break Children's Activities at the NOTL Library

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QUEENSTON COMMUNITY LIBRARY

Phone: 905 262-5173
Address: 32 Queenston Street,
Queenston

Come and enjoy coffee with us in the Library in the old Baptist Church every Tuesday from 1:00 till 4:00 PM and Wednesday from 7:00 till 9:00 PM. Browse through our collection of Canadiana, local history and the latest best sellers. For information call during library hours. The library can be rented for small informal gatherings. Please call the Parks and Recreation Office 905 468-4261 for rates and availability.

AMNESTY INTERNATIONAL - GROUP 137

Amnesty International is a worldwide group dedicated to protecting and promoting human rights. We write letters to support worldwide prisoners of conscience; people who have committed no crime, but whose human rights have been violated for religious, political, social or economic reasons. Membership is \$35 annually, \$15 for students. Members and non-members alike are invited to attend monthly letter-writing sessions at the NOTL Community Centre. We also occasionally have film nights, guest speakers, potluck dinners and other events. Please e-mail us at amnestyinternational.group.137@gmail.com

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(parking available at back of building)
phone: (905) 468 8190, email: hello@modernbee.ca

BETA SIGMA PHI

Beta Sigma Phi is an international cultural and social non-profit organization for women. Members expand their horizons through rewarding friendships, enriching programs, enjoyable socials and service to our community. For further information contact Luba Fraser at 905-468-4510 or Joan Grosso at 905-468-0012.

BROCK'S MONUMENT NATIONAL HISTORIC SITE

Brock's monument is owned by Parks Canada and is located in Queenston Heights Park, which is maintained year-round by The Niagara Parks Commission. A self-guided tour of the Battle of Queenston Heights starts at the foot of the monument and includes a climb to the top for a magnificent view towards Lake Ontario in the north and Niagara Falls in the south. The monument is open for an interpretive programmes 7 days/week, 10 am to 5 pm daily from May until Labour Day weekend. Parks Canada staff at the monument can be contacted at (905) 262-4759.

CHARLES DICKENS FELLOWSHIP

We welcome anyone who enjoys reading, discussing and/or enacting the novels of Charles Dickens. We meet on the second Tuesday of each month, September to May from 6:30 p.m. to 8:30 p.m. at St. Mark's Anglican Church Hall located at 41 Byron Street, Niagara-On-The-Lake. We read and enjoy one Dickens novel per year and we also celebrate Dickens with readings and enactments. We belong to the International Dickens Fellowship

and Dickensians from around Canada and the world visit us as do our members visit them. If you would like further information about joining our Fellowship, please call Paul Catling at 905 - 468 - 969 Or Robert Nunn at 905 - 646 - 6597. We have been an active literary group in the Niagara-On-The-Lake community since the year 2000.

DAFFODIL GARDENS OF HOPE

Each garden ~ over 4000 daffodil bulbs ~ together ~ strong. In the spring plan to visit all the gardens around our community and enjoy over 80000 daffodil blooms YOUR DONATIONS TAKING ROOT. Each daffodil is planted as a tribute to those in our community who have been touched by cancer or in memory of those no longer with us. Each of these blooms represents one dollar, donated by individuals, local organizations, businesses and visitors, in support of the Niagara On The Lake Branch of The Canadian Cancer Society and to ensure we have places of beauty that will remain in our community for all to visit and enjoy year after year. Residents are encouraged to plant daffodils in their own front garden so we can all enjoy the sight of our community truly in bloom every spring. We always need help in our endeavours to develop "Daffodil Gardens of Hope" in our various NOTL communities. For further information on how you can participate, suggest a site, or give support to a Daffodil Garden, please call Sheila Hirsch-Kalm 905-262-0930 / Jean Cochrane 905-468-2477 For dates on upcoming site activities, celebrations and plantings, see notices in The Advance and on local info boards

DIGITAL SCRAPBOOKING

Digital Scrapbooking – fun and easy way for you to preserve your photo memories. No more messy work stations, everything is stored on your computer. Nothing beats the creative power and flexibility of computer scrapbooking. Our team of professionals will help you to bring your photos to life and show you how to create lasting gifts such as story books, playing cards, invitations, greeting cards and bucket bags for family and friends or how to preserve your exciting life story. Classes available to help you get started. Work from your home. For more information call Sheryl 905-328-0999 sheryllepp@hotmail.com, Luanne 905-468-3537 kulcharluanne@hotmail.com, Lisa 905-651-4447 lburland@falls.com Professional run workshops to help you design your creative memories are available by calling Lisa. "yesterday's memories, today's technology, tomorrows treasures!"

FRIENDS OF FORT GEORGE

The Friends of Fort George is a not-for profit cooperating association, working in partnership with Parks Canada for the protection, preservation, development and interpretation of the past military significance and the historical resources of Niagara National Historic Sites. Our programs include the sponsorship of student summer employment, funded through special events throughout the year and the operation of our onsite book/gift shop at Fort George and Brock's Monument. Membership benefits include a 15% discount at our shop, advance notification of our special events and our newsletter, On Parade. Our shop, located in the Visitors' Reception Centre at Fort George, is open weekends from November to April, and seven days a week from May - October. Ghost tours take place

on Sundays in September; and our special Halloween tours run the last three weekends in October. For more information call The Friends of Fort George Gift Shop at 905-468-6621 or www.friendsoffortgeorge.ca

INTERFAITH GATHERING

First Friday every month at 11 Harmony Drive, sponsored by the NOTL Baha'i Community. (905) 468-7275 for information.



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LAURA SECOND HOMESTEAD

29 Queenston Street, Queenston

Visit the home of Laura Secord, heroine of the War of 1812. From her home in Queenston village, Laura set out on a 32 km. (20 mile) walk through the American lines and over wild and unsettled country to warn the British forces of an impending attack at Beaverdams. Today, costumed interpreters thrill you with tales of her adventure as they guide you through this lovingly restored homestead, complete with authentic furnishings of the 1812 period. This tranquil location also offers ice cream and refreshments for your enjoyment. Open May through Thanksgiving. For more details, please visit www.niagaraparks.com

MACKENZIE PRINTERY & NEWSPAPER MUSEUM

Queenston Street, Queenston

Canada's only operating printing museum is located in historic Queenston in the restored home and printing shop of William Lyon Mackenzie, where he published his rebel newspaper, The Colonial Advocate in 1824. Operated by The Niagara Parks Commission in association with the volunteer Mackenzie Printery Committee, attendants provide detailed information regarding the working presses and Canada's oldest press. Queenston is midway between Niagara-on-the-Lake and Niagara Falls along the scenic Niagara River Parkway route. Open May through Labour Day. For more details, please visit www.niagaraparks.com.

McFARLAND HOUSE

15927 Niagara Parkway, N.O.T.L.

Experience gracious living 1840's style at McFarland House as costumed interpreters guide you through this beautiful Georgian home. Detailed historic restoration of interior decorations recently completed. The McFarland Tea Garden features home-baked light meals and refreshments.

Guided tours May through Labour Day. For more details please visit www.niagaraparks.com.

NIAGARA BRUCE TRAIL CLUB

Enjoy the outdoors; make new friends; keep fit!

Join the Niagara Bruce Trail Club. The Bruce Trail is Canada's oldest and longest continuous footpath with more than 885 km of main trail. It provides the only continuous public access to the magnificent Niagara Escarpment, a UNESCO World Biosphere Reserve. NOTL is home to the southern terminus of the trail at Queenston Heights and the first 20-kilometre section of the main trail, with General Brock and Upper Canada Heritage side trails funning from the Commons to Queenston. Join us as a guest for a hike or two. Hikes are offered 5 days of the week, all year round! To see our complete hike schedule, please visit <http://www.niagarabruceclub.org/hikes.htm> or enquire at niagarabruceclub@gmail.com

NIAGARA NOMADS HIKING GROUP

The Niagara Peninsula is a fabulous area to hike, to enjoy the beauty and uncover the history of this amazing area and the communities within it. The Niagara Nomads, based in Niagara-on-the-Lake, provides an opportunity to explore our beautiful corner of the world with 2½-3 hour hikes – usually every second Saturday - throughout the year. Winter hikes are normally on flat surfaces close

to or in town, while in other seasons we are a little more ambitious, walking the Bruce Trail, visiting Provincial parks, and viewing waterfalls, large and small. Once a year, we will venture outside our region to do an "away" hike over two or three days. Our members are primarily retired people, mostly couples, but there are no age limits and singles are welcome. We have no formal organization, collect no dues, and take turns to plan and lead hikes. We meet semi-annually at a member's home to enjoy a pot-luck supper and plan our activities for the next six months. If you would like to check us out, call Mike and Judy Fox (905) 937 2439 or Greg and Dorothy Walker (905) 262 6605.

NIAGARA DINNER DANCE CLUB

Good Food - Good Music - Good Friends!

Niagara Dinner Dance Club was founded in 1947 as a non profit social club for couples to dine out, and enjoy dancing to live music. We hold seven Dinner Dances between October and April, held in Niagara-on-the-Lake. You are welcome to attend a Dinner Dance as guests before you join our 2015-2016 season! New this year is our "Snowbird membership" for those that are away in the Winter months. Come and join us! For more details and upcoming dates, please visit our website: www.niagaradinnerdanceclub.com or call Presidents Graham and Mandy Shanks 905-468-5353 or Dance Conveners Bob and Loretta Hicks 905-397-7794 for more information.



NIAGARA EPHEMERA CLUB

This is a club that would appeal to all those who are interested in collecting some sort of a paper collectible or who currently have a collection of paper collectibles. This would include those who collect greeting cards, post cards, prints, product labels, tickets, calendars, banknotes, sheet music, manuscripts, bookplates, letters, vintage advertising and posters or other items of a similar nature. Postage stamp collectors and book collectors would also be made very welcome as members of this club as we wish to use as broad a definition of "ephemera" as possible. We meet at the boardroom of the The Niagara-On-The-Lake Community Center on the third Tuesday of each month from September to June of each year. The meetings start @ 7:00pm. At each meeting we will have a "show and tell" where each member will bring along an interesting or an unusual item from his/her collection to share with the group and a speaker who will enlighten us with his/her interest. For any further information regarding this club, please call Paul @ 905-468-9692 or John @ 905-468-3014

NIAGARA PUMPHOUSE ARTS CENTRE

The Niagara Pumphouse Arts Centre is a not-for-profit organization engaging the community through educational programs, exhibitions and special events to create, celebrate and appreciate visual arts. The art studios and galleries are located in Niagara region's oldest surviving pumping station, a heritage brick building that was converted to an arts centre in 1994. The Niagara Pumphouse is open year-round with art classes and workshops for all ages and levels. The admission to the galleries is free and feature exhibitions of original art that are open to the public to enjoy. Special events include: Opening Receptions; Artful Treasures artist & artisan sale December 4 & 5; Grand Bazaar in June; Art by the Lighthouse in August. Please visit www.niagarapumphouse.ca or call 905-468-5455 for details. The Niagara Pumphouse, 247 Ricardo St., NOTL

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THE NIAGARA HISTORICAL SOCIETY & MUSEUM

Enjoy gardening? New members & visitors welcome!

Meetings: 4th Tuesday from January to May & September to November.
Time: 6:30 p.m. Refreshments
Meeting: 7:00 p.m. – 9:00 p.m. (unless otherwise noted)
Place: Community Centre, 14 Anderson Lane, Niagara on the Lake.

Tuesday, September 22nd The Marijuana Industry in NOTL: Angus Footman.

Tuesday, October 27th Creating the Garden You Want: Marion Jarvey

Join us to hear this renowned gardener discuss plants for the connoisseur gardener. Marion's experience and information will help you transform



your garden with original ideas and interesting new plants.

Tuesday, November 24th Annual Meeting and Pot Luck

Website: www.nothortsociety.com
Email: nothortsociety@gmail.com

NOTL HORTICULTURAL SOCIETY

Enjoy gardening? New members & visitors welcome! Meetings: 4th Tuesday from January to May & September to November: Time: 6:30 p.m. Refreshments Meeting: 7:00 p.m. – 9:00 p.m. (unless otherwise noted)

Place: Community Centre, 14 Anderson Lane, Niagara on the Lake.

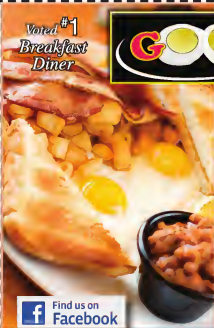
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Join us to hear this renowned gardener discuss plants for the connoisseur gardener. Marion's experience and information will help you transform your garden with original ideas and interesting new plants.

Tuesday, November 24th Annual Meeting and Pot Luck

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NOTL NEWCOMERS' CLUB

NEW TO THE AREA? The NOTL Newcomers' Club invites those who have recently moved to the Niagara-on-the-Lake area to join our active women's social group. We are comprised of members who have relocated to the area in the past three years and are looking to familiarize and integrate themselves with their new community and form new and valuable friendships. Our 275 members are active in a wide variety of interest groups, monthly meetings and coffee mornings. Newcomers monthly meetings are usually on the 3rd Wednesday of each month from September to June. As well, you can participate on a regular basis in interest groups such as Bridge, Mah Jongg, Walking, Golf, Lunch/Dinner groups, Book Clubs, Travel, Cycling and so much more. Please contact Sharon French @ 289-407-9080 or share_fr@hotmail.com for membership enquiries, or visit our website www.notlnewcomers.com for more information.

TERRY FOX 35TH ANNIVERSARY RUN

It's the 35th anniversary of the Terry Fox Run. It will take place on Sun. Sept. 20th 2015. Please join us in Simcoe Park at 9:00am for the registration. At 10:00 am, prepare yourself to run, walk, jog, rollerblade or bicycle along the 5km route. Barbecue, treasure table, massages and entertainment to follow. If you are a cancer survivor, you are entitled to a free red t-shirt, identifying you as a member of Terry's team. Volunteers are welcome. Please contact Joan King, 905 2625898 or joankemp10@yahoo.ca for any further information.

THE SHAW FESTIVAL

A leader in contemporary theatre and home to one of North America's most renowned acting ensembles, the Shaw Festival presents a playbill of ten to eleven productions on four stages

in historic NOTL. The Festival offers backstage tours, pre-show chats, coffee concerts, children/teen programs and a variety of creative workshops. For more information, visit www.TheShawGuild.com. The Shaw Guild are volunteers working to support and promote the Shaw Festival. Approximately four hundred Shaw Guild members support the

Shaw Festival by volunteering their time, expertise and talents in various ways. For example, they greet patrons, help with the Festival Theatre gardens, and assist Shaw personnel with the Festival's outreach programs. For membership information and more details on our activities, visit our website at www.shawguild.ca

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NOTL SOCIAL CLUB

New Members Welcome. The Niagara-on-the-Lake Social Club is open to individuals or couples who enjoy meeting new people for a variety of activities and interest groups. notlsocialclub@gmail.com

NYNANYAS OF NIAGARA

We are a local group of women, grandmothers/grandothers who have come together to support the struggles of African grandmothers and the millions of orphans in their care as they cope with the HIV/AIDS pandemic.

As part of the Grandmothers to Grandmothers Campaign, inspired by the work of the Stephen Lewis Foundation, we are one of over 240 groups across Canada. We are passionate about what we do; raising awareness and generating funds in support of our African colleagues. We also have time for fun and friendships in the process!!

If you'd like to find out more....contact either Sandra at 468-4632 or Terry at 468-2438.

PARKS CANADA – NIAGARA NATIONAL HISTORIC SITES

Parks Canada is responsible for protecting and presenting Niagara National Historic Sites and invites you to discover, explore and enjoy some of the most spectacular historic treasures in the Niagara Region, including Fort George, Navy Hall, Brock's Monument, Fort Mississauga, Butler's Barracks and the Commons. For information on programmes, special events, the Fife and Drum Corps, volunteer opportunities and information in general please contact us at (905) 468-6614, Fax (905) 468-8318, email: ont-niagara@pc.gc.ca

QUEENSTON ART SHOW AND SALE

37th Year Queenston Library, 32 Queenston Street, Area Artists, Thanksgiving Weekend, October 9th-October 12th, 11:00-5:00 daily, Information: jcalver@cogeco.ca, 905-262-4164

QUEENSTON RESIDENTS' ASSOCIATION CHRISTMAS BAKE AND DECOR SALE

Saturday, December 5, 9:00AM-12:00P Queenston Library 32 Queenston Street

To preorder tourtières and chicken casseroles, Contact M. Armstrong, armstrong@bellnet.ca, 905-262-0268 (all emails confirmed)

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RIVERBRINK ART MUSEUM

116 Queenston St., Queenston

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SCOTCH TASTING - SINGLE MALT

The International Order of the Companions of the Quai, Niagara on the Lake Chapter is held at the Old Winery Restaurant five times a year. Starting with Haggis, the Bag Pipes and the Address to the Haggis, a three course sit down dinner plus three single malt scotches not readily available from the LCBO is served for \$75.00 per non-Quai member including gratuities and taxes.

Reservations are a must. Contact Neil Middleton 905-468-0802 or email nmiddleton@coogeco.ca. Kilts are encouraged, but not mandatory.

ST. DAVIDS & DISTRICT LIONESS CLUB

Our Lioness Club was chartered in March of 1979 with 24 members present & we are very proud to be serving our communities for these past 36 years. Today have 33 members and 3 of those members are charter. We support many local charities with Guide dogs being our main focus. Currently we are working on raising funds for our 9th Guide dog. We would like to invite any one who is intered in becoming a member to come out and join us for a dinner meeting and a little bit of fun. We meet the second Wednesday of every month from Septmeber to June. Please call Sandy at 905-262-4341 for more information

ST. DAVIDS RATEPAYERS ASSOCIATION

The St. Davids Ratepayers Association represents the interests of the property-owning residents and business owners in the Village of St. Davids by enabling members to have an input into the governance of Niagara-on-the-Lake in areas that affect the quality of life of St. Davids residents. These include the thoughtful development of our community, access to public transit, road maintenance, traffic control, and equality of access to and cost of municipal services. In addition, the Association promotes and supports events and initiatives celebrating the proud heritage of our village, in partnership with the Niagara Historical Society and Museum and other local organizations. Contact Us: To join us or for more information, visit our website at www.stdavidsontario.ca. Association President Kenn Moody 905-262-6506. Secretary Greg Walker 905-262-6605.



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TERRY FOX RUN

It's the 35th anniversary of the Terry Fox Run. It will take place on Sun. Sept. 20, 2015. Please join us in Simcoe Park at 9:00am for the registration. At 10:00 am, prepare yourself to run, walk, roller blade or bicycle along the 5km. route. Barbecue, treasure table and entertainment to follow. If you are a cancer survivor, you are entitled to a free t-shirt, identifying you as part of Terry's team. Volunteers are welcome. Please contact Joan King, 905.262.5898 or joankemp10@yahoo.ca for any further information.

UKULELE CLUB OF NIAGARA (Community Centre)

Sunday's 3:00 – 5:00 pm at the NOTL Community Centre. For more information call Doug Widdicombe 905-468-8195

UNIVERSITY WOMEN IN NIAGARA

This group's membership includes women with a professional designation, certificate, license or other post-secondary qualification, college diploma or university degree. This non-profit organization is independent of the Canadian Federation of University Women. UWNI currently meets the first Wednesday of the month at 7:00 PM in the Simpson Room at the NOTL Community Centre, from September to June. UWNI focuses on socially and intellectually stimulating presentations on a variety of timely topics. This group currently supports the local women's shelters both financially and with gifts in kind. New members and guests are always welcome. For further information, contact Ruth Boulton (905) 468-3765 or Marg Teare (905) 468-8333. N.B. As of September we will meet the Second Wednesday of the month.

VIRGIL WOMEN'S INSTITUTE OF FWIO

The Federated Women's Institutes of Ontario is a not-for-profit charitable organization with affiliations around the world, working with and for women in rural and small town Ontario. Through the network of Branches (Virgil) we offer education programming and community support; advocate for social, environmental and economic change, and work toward the personal growth of all women, for home and country. Lena Byl 905-262-5979

WILLIAM SHAKESPEARE RE-VISITED NOTL

'All the world's a stage And all the men and women merely players: They have their exits and their entrances; And one man in his time plays many parts, His acts being seven ages. As You Like It, Act 1.1 Amateur dramatics without any of the stress: we pick the parts we want, then read the plays out-loud. All you need is a willingness to try it – we're a friendly group! We get together, in a quiet location, to give voice to Shakespeare's plays and make The Bard come alive. We meet between 2:00 p.m. and 4:00 p.m. at the Boardroom of The Niagara-On-The-Lake Community Center on the 4th Wednesday of each month between September and June. We enjoy reading two plays per session. Bring a copy of the play if you can (doesn't matter which edition). We try to alternate comedies, tragedies and histories. The beauty of the language, the insights into human nature, the humour, compassion, intelligence and scope of this work make it a treasure that you can return to again and again, finding something new each time. If you are interested in joining us or if you have any questions, please call Paul Catling @ 905 – 468 – 9692 Or Dorothy Abbey @ 905 – 938 – 8537 Please note that our season will commence on the 4th Wednesday of September (September 24th at 2:00 p.m.)



NIAGARA-ON-THE-LAKE COMMUNITY SAFETY COMMITTEE

In an effort to make Niagara-on-the-Lake, a better, safer community in which to live, the Niagara-on-the-Lake Community Safety Committee (formerly known as the Niagara on the Lake Policing Committee) provides a formal structure for liaison between citizens, businesses, town council and police to reduce crime, educate the public and promote safety. Committee members represent the Niagara Regional Police, Niagara Parks Police, a Town Councilor; a rep from the Parks & Recreation Department and ten citizens representing the villages of Queenstown, Glendale, Virgil, Niagara-on-the-lake and St. David's. Meetings are held on the third Monday of the month, except July and August at the Virgil Arena at 4:30 PM. The public is welcome to attend. Presently, the committee organizes a bike safety rodeo in May for offshore and migrant farm workers, a Fraud presentation for local businesses and we maintain and monitor the "Speed Minder". We are presently working on the "Lock it or Lose it" program, the "Child Find Program", a Drug Awareness Program in elementary schools and sending elementary children to the Safety Village. Any suggestions, comments or concerns, not of an emergency nature, may be directed to the Chair, presently Catharine Wickabrod by telephoning the Community Policing Committee at 905-688-4111 ext. 2262. We will respond to you only if you provide us with a means of contact. However, if it is an emergency or urgent matter please contact the 2 District Administrative & Community Services at Niagara Regional Police 905-688-4111 ext. 2228 or dial 911



“PULL TO THE RIGHT FOR GREEN FLASHING LIGHTS”

The men and women of the Niagara-on-the-Lake Fire and Emergency service would like to remind residents of the presence of volunteer firefighters in the community who while responding to the station may utilize a green flashing light located on the front dash or windshield of their personal vehicle.

All drivers in Ontario are familiar with the red lights and sirens that are in use on the emergency vehicles and drivers are required by law to pull to the right and stop. The use of the green lights is authorized by the Highway Traffic Act and identify a volunteer firefighter who is responding to an emergency situation.

When you see a vehicle approaching or behind you with the green flashing light activated please pull over and let them pass, seconds count when responding and you never know we may be on the way to help your family.

17th Annual Niagara-on-the-Lake GOLF CLASSIC TOURNAMENT 2015

Thursday October 1

- 11:00 AM Whirlpool Golf Course
- Only a limited number of spaces are available.
- Registration forms available at the Parks & Recreation Office and online at www.notl.org

905-468-4261 email: lkulchar@notl.org



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SEARCH AND RESCUE NIAGARA

Search and Rescue Niagara is a non-profit organization of trained volunteers certified in "Ground Search and Rescue". When an individual goes missing, the members are called out by local Police Services to assist in the search. This service is available 24 hours a day/7 days a week/365 days a year. SARN is also a Community Service Division of St. John's Ambulance.

Nancy Haywood,
Superintendent

nancy.haywood@sympatico.ca
www.searchandrescueinagara.ca

905-734-5614

Search and Rescue Niagara c/o
St. John Ambulance,
Niagara Falls Branch

5734 Glenholme Ave.
Niagara Falls, ON L2G 4Y3

Community Contacts

Air Cadets.....	905-468-7584	Office
Community Support Services.....	905-682-3800	Office
Figure Skating Club.....	905-468-7465	Julie Lum
Friends of Fort George.....	905-468-6621	Amanda Gamble
Hockey, Minor.....	289-272-0923	Christa Rawsthorne
Kinsmen Club, NOTL.....	905-262-4054	Ken Slingerland
Lacrosse, Minor.....	905-401-1475	Neil Viola
Legion, Royal Canadian.....	905-468-2353	Office
Lioness, St. Davids & District.....	905-262-4661	Helena Copeland
Lions Club, Niagara.....	905-468-0155	Catharine Wickabrod
Lions Club, St. Davids & District.....	905-468-9671	Al Snider
Lioness, St. Davids and District.....	905-262-4989	Jo-Anne Brytwak
Meals On Wheels.....	905-356-9194	Office
Music Niagara.....	905-468-5566	Office
Newark Neighbours.....	905-468-3519	Office
Niagara Dinner Dance Club.....	905-468-5353	Graham and Mandy Shanks
NOTL Bed & Breakfast Association.....	905-468-0992	Kathy Fowler
NOTL Horticultural Society.....	905-468-4964	Diane Hemmings
NOTL Hospital Auxiliary.....	905-262-1972	Marilyn Hulbert
NOTL Newcomers.....	905-468-9483	Marg Cooper
NOTL Tennis Club.....	905-468-7183	Marilyn Francis
Niagara Artists Studio Tour.....	905-468-5455	Office
Niagara Cheerleading.....	905-935-1917	Jo-Anne or Amanda D'Amboise
Niagara Dinner Dance Club.....	905-468-5353	Graham and Mandy Shanks
Niagara District Airport.....	905-468-7447	Len O'Connor
Niagara Historical Society Museum.....	905-468-3912	Sarah Maloney
Niagara Nursery School/ Child Care Centre.....	905-468-4386	Office
Niagara PumpHouse Arts Centre.....	905-468-5455	Office
Palliative Care Services.....	905-468-4433	Office
Parks Canada National Historic Sites.....	905-468-6614	Office
Printery Museum.....	905-262-5676	Office
Pump house Visual Art Centre.....	905-468-5455	Office
Queenston Ladies Choir.....	905-262-4610	Lisa Brillon
Niagara Star Singers.....	905-262-4610	Lisa Brillon
Royal Canadian Legion Branch 124.....	905-468-2353	Office
Rotary Club, NOTL.....	289-868-8997	Martin Quick
Rotary Club, NOTL/Lewiston.....	905-468-7452	John Shaver
Sailing Club (NOTL).....	905-468-3966	Office
Scotch Tasting - Single Malts.....	905-468-0802	Neil Middleton
Seniors, Golden Age Club.....	905-468-3171	Lois Cranston
Shaw Festival Theatre.....	905-468-2153	Administration
Shaw Theatre Guild.....	905-468-5190	Peter Gill
Slo-Pitch Adult.....	905-680-4544	Ken McKay
Soccer, Minor.....	905-687-6220	Jennifer Buchanan-Olsen
Softball, Minor.....	905-327-1620	Pete Flynn
St. Andrew's Society.....	905-468-5362	Ray Guy
St. Davids Ratepayers Association.....	905-262-6506	Kenn Moody
Taoist Tai Chi.....	905-935-7583	Office
University Women in Niagara.....	905-468-3765	Ruth Bolton
Upper Canada Lodge Auxiliary/Volunteers.....	905-468-4208	Dave Bauer ext. 4460
Virgil Business Association.....	905-468-3242	Marcia Penner
Virgil Womens Institute.....	905-682-5979	Lena Byl
Willowbank.....	905-262-1239	Office

Dates to Remember

JULY

July & August.....For George Ghost Tours, Sunday/Tuesday/Thursday 8:30 pm
July & August.....Kid Curators – a week long Museum camp for kids Historical Society

AUGUST

Sat Aug 1 & Sun Aug 2.....Art by the Lighthouse Show & Sale @ Niagara Pumphouse 10 AM – 5 PM
Tues Aug 4.....The Past is Present: A heritage festival at the Niagara Historical Museum
Thurs Aug 6.....Emma's Boxhill Picnic – Friends of Fort George
Sun Aug 9.....Peach Celebration – Chamber of Commerce
Mon Aug 10.....St Vincent Peach Festival
Sat Aug 15 & Sun Aug 16.....Fife & Drum Muster & Soldier's Field Day
Sat Aug 29 – Sun Aug 30.....Echoes of Niagara's Past, Fort George – Parks Canada

SEPTEMBER

Sat Sept 5.....Festival Market at Grace United Church
Sat Sept 5.....German Children's Choir - St. Marks Church
Sun Sept 13.....Reception - Celebrating Wine Country @ Niagara Pumphouse 2 PM
Sat Sept 19 – Sun Sept 20.....Boy Scout Jamboree
Sun Sept 20.....Terry Fox Run Simcoe Park
Fri – Sat Sept 18, 19, 25, 26.....Niagara Historical Museum's Theatrical Cemetery Tours
Fri Sept 25 – Sun Sept 27.....Grand Canadian Steampunk Exposition

OCTOBER

Thurs Oct 1.....17th Annual Golf Tournament at Whirlpool Golf Course
Fri Oct 2 – Sun Oct 4.....Bravo Niagara
Sun Oct 4.....Opening Reception – Anne Reimer Exhibition @ Niagara Pumphouse 2 PM
Fri Oct 9-Mon Oct 12.....Queenston Art Show and Sale, Queenston Library, 11:00a-5:00p
Sat Oct 10 – Sun Oct 11.....Battle of Queenston Heights Commemorative Tours
Fri Oct 23.....St. Andrew's Society Pub night
Oct 16-18, 23-25, 30-31, Nov 1.....Fort George Ghost Tours - Friends of Fort George

NOVEMBER

Wed Nov 11.....Remembrance Day Services -Legion - Town 10:30am Queenston 12:30pm
Thurs Nov 12 – Thurs Nov 19.....Fabulicious – Chamber of Commerce
Fri Nov 27.....St. Andrew's Ball, Court House
Fri Nov 27 – Sat Nov 28.....Christmas Emporium 10am to 3pm – St. Marks Church

DECEMBER

Fri Dec 4 & Sat Dec 5.....NOTL Rotary House Tour
Fri Dec 4.....Candlelight Stroll – Chamber of Commerce
Fri Dec 4 & Sat Dec 5.....Artful Treasures show & sale @ Niagara Pumphouse 10 AM – 4 PM
Sat Dec 5.....Queenston Residents' Association Christmas Bake and Decor Sale, 9:00a-12:00p
Sat Dec 12.....Royal Canadian Legion Ladies Auxiliary Bazaar
Sat Dec 12 – Sun Dec 13.....Fort George Garrison Christmas
Tues Dec 13.....Tues Dec 13 St. Mark's Choir 4pm
Sat Dec 12.....NOTL Christmas Parade 11am

JANUARY

Jan 1, 2016.....New Year's Day Levee - Friends of Fort George 3:00 - 4:00 pm
Fri Jan 22.....St. Andrew's Society Burns Supper Navy Hall

Religious Services

BAHA'I COMMUNITY OF NOTL

11 Harmony Drive
PO Box 1155
NOTL L0S 1J0
(905) 468-2533 OR (905) 468-0834
Email: notlbahais@sympatico.ca

BETHANY MENNONITE CHURCH

572 East & West Line at Creek Road, NOTL
Worship Service: 10:00 AM
Sunday School: 11:00 AM
Herb Sawatzky, Lead Pastor
Phone: 905-468-3505
Email: office@bethanymennonite.ca
Website: www.bethanymennonite.ca

THE BROCK MEMORIAL CHURCH ST. SAVIOUR'S ANGLICAN

12 Princess St, Queenston

CHRIST CHURCH, MCNAB

1294 McNab Rd, RR#5, NOTL
Eucharist, Office 905-684-0005

CORNERSTONE COMMUNITY CHURCH

Hwy. 55 at Field Road, Virgil
Phone: 905-468-7155
Kevin Bayne, Pastor
Email: admin@ccchurch.ca
Website: www.ccchurch.ca

FIRST PRESBYTERIAN CHURCH ST. DAVIDS

1444 York Road, St Davids
Worship Service, 905-262-5227

GATEWAY COMMUNITY CHURCH

Pentecostal Assemblies of Canada
1665 Four Mile Creek Road, Virgil
Sunday Worship Service 10:30 am
Nursery & Children's Program
Mid-Week & Youth Programs
Phone 905-468-8897
Pastor Dave Tunikaitis
Website: www.gatewaycc.ca

GRACE UNITED CHURCH

222 Victoria Street, NOTL Tel: 905-468-4044
Website: graceunitedchurch.com

LIFE ABUNDANT NIAGARA

384 Concession 7 Rd, NOTL
Worship : 10:30AM
Pastor Rick Mills
t: 905-688-3958
e: info@lifeabundantniagara.com
w: www.lifeabundantniagara.com



NIAGARA UNITED MENNONITE CHURCH

1775 Niagara Stone Road, at East West Line, NOTL
Sunday School at 10:00 am
Sunday Worship Service at 11:00 am
www.redbrickchurch.ca
905-468-3313
office@redbrickchurch.ca

OLD COLONY MENNONITE CHURCH

1204 Concession 2, RR#6
NOTL, ON L0S 1J0
905-468-1620

ORCHARD PARK BIBLE CHURCH

434 Hunter Road off Hwy. 55, NOTL
Phone: 905-468-5731
E-mail: info@orchardparkbiblechurch.org
Website: www.orchardparkbiblechurch.org

ST. ANDREW'S PRESBYTERIAN CHURCH

323 Simcoe Street, Box 441, NOTL
Phone: 905-468-3363
www.standrewspresbyterianchurch@bellnet.ca

ST. DAVIDS-QUEENSTON UNITED CHURCH

1453 York Road, St Davids
Phone: 905-262-5242

ST. GEORGE'S CHURCH HOMER

163 Queenston Rd. RR#4
Office: 905-684-0005

ST. MARK'S ANGLICAN

41 Byron Street, Niagara on the Lake, Ontario L0S 1J0
Interim Priest: Archdeacon Bruce McPetrie
905-468-3123
stmarks@cogeco.net
www.stmarks1792.com for service times and events.

ST. VINCENT DE PAUL ROMAN CATHOLIC PARISH

73 Picton Street NOTL
905-468-7272

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PO Box 1901, NOTL
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trinitynotl@cogeco.ca

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736 York Rd S54
Niagara on the lake, ON
L0S 1J0
905-688-2525
www.villagebiblechurch.ca
Sunday Services @ 10:30am

Important Numbers

Emergency, Fire, Police, Ambulance.....911

Niagara Regional Police.....	905-688-4111
Niagara-on-the-Lake Hospital.....	905-468-4284
Lord Mayor Patrick Darte.....	905-468-3266
MPP Wayne Gates office.....	905-357-0681
Regional Councillor Gary Burroughs	905-658-8717 (cell), 905-468-3568 (home)

Municipal Offices 8:30 AM to 4:30 PM (www.notl.org)

Treasury, Clerks, Fire Chief, Planning & Building.....	905-468-3266
Works Department & Water Department.....	905-468-3278
Parks & Recreation Department & Arenas.....	905-468-4261
Niagara Lake Shore Cemetery.....	905-468-2747
Community Centre, 14 Anderson Lane NOTL.....	905-468-4386
Swimming Pool - Niagara Pool (Seasonal).....	905-468-2804
Swimming Pool - St. Davids Pool (Seasonal).....	905-262-5120
Niagara-on-the-Lake Public Library.....	905-468-2023
Queenston Library.....	905-262-5173

Alzheimer Society.....	905-687-6856
Cancer Society, Region.....	905-684-6455
Canine Control.....	905-658-8712
Chamber of Commerce.....	905-468-1950
Catholic Education Centre.....	905-735-0240
CNIB (Canadian National Institute for the Blind).....	800-563-2642
Community Support Services of Niagara.....	905-788-3181
District School Board of Niagara.....	905-641-1550
Family & Children's Services (FACS).....	905-937-7731
Foster Parenting.....	905-937-5437
Heart Niagara.....	905-358-5552
Niagara Falls Humane Society.....	905-356-4404
Niagara District Airport.....	905-684-7447
Niagara-on-the-Lake Hydro.....	905-468-4235
Niagara Regional Health Unit.....	905-688-3762
Niagara Regional Government.....	905-685-1571
Osteoporosis Society - Niagara Chapter.....	905-227-9646
Poison Control Centre.....	905-684-7271
Suicide Prevention.....	905-688-3711




Canine Control

The Town of Niagara-on-the-Lake's Animal Care and Control By-law is the municipality's mechanism for licencing and regulating the keeping of dogs in the Town. A resident may have a maximum of 3 dogs, all of which must be licenced. The by-law also regulates the use of leashes, running at large, and defecation on public and private property. To issue a complaint or report a missing/found dog, please contact the Town's Canine Control Officers Ken or Kea Reid at 905-658-8712.

Rain Barrels

2015 PROGRAM



For the 11th year in a row, Niagara-on-the-Lake Residents have the opportunity to purchase subsidized rain barrels from Penner Home Hardware Building Centre (Virgil), while quantities last.

Eligibility

- Must be a Niagara-on-the-Lake resident
- Limit of one voucher (redeemable for up to 2 barrels) per property

Residents may pick up voucher in person at the municipal Customer Service Counter (Town Hall, main building), or by phone 905-468-3266 to receive a voucher by mail. Vouchers are redeemable at Penner Home Hardware Building Centre for the purchase of a variety of rain barrels at \$15 plus tax per barrel. The balance of the cost will be subsidized by the Town of Niagara-on-the-Lake and Water Smart Niagara.



NIAGARA-ON-THE-LAKE TRANSIT

Keeping our Community Connected

Niagara-on-the Lake Transit offers scheduled bus service between the Historic Old Town and Niagara College Glendale daily between 7:45 am and 6:45 pm (excluding Sundays and statutory holidays). Connecting service to St. Catharines, Niagara Falls and Welland are available at The Outlet Collection at Niagara via Niagara Region Transit (Route 50/55) and at Niagara College Glendale Campus via the Niagara College Student Administrative Council buses.

All transit vehicles are fully wheelchair accessible in accordance with requirements of the Accessibility for Ontarians with Disabilities Act (AODA).

Further information is available as follows:

Niagara-on-the-Lake Transit:

On the Web: www.notl.org (click on the "Niagara-on-the-Lake Transit" button)
By Phone: (905) 468-3266

Niagara Region Transit:

On the Web: www.niagararegion.ca/transit
By Phone: (905) 685-1571 ext. 3550

Niagara College SAC Bus Schedules and Student U-Pass Information:

On the Web: www.ncsac.ca

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